

# CALCIRIX-ISO SOFTGEL

Calcium Carbonate + Calcitriol + Soya Isoflavone 40%

"Bone Strength, Hormonal Balance • Post-Menopausal Care"

**Marketed by:** Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

[www.humanorthocare.com](http://www.humanorthocare.com)





# Product Overview

## Composition (per softgel):

### Calcium Carbonate

Equivalent to Elemental Calcium  
**500 mg**

### Calcitriol

Active Vitamin D3  
**0.25 mcg**

### Soya Isoflavone (40%)

Plant-derived phytoestrogens  
**60 mg**

#### Triple Action Formula

Combines calcium & vitamin D3 with phytoestrogens for comprehensive care

#### Bone Density Enhancement

Improves bone density & prevents osteoporosis progression

#### Post-Menopausal Specialist

Designed especially for post-menopausal bone health and hormonal support

#### Natural Hormonal Balance

Soya Isoflavones support hormonal balance & reduce menopausal symptoms





# Role of Key Ingredients



## Calcium Carbonate (500 mg)

Provides essential elemental calcium for strong bones & teeth. Forms the structural foundation of skeletal system and supports optimal bone mineralisation.



## Calcitriol (0.25 mcg)

Active Vitamin D3 enhances calcium absorption in the intestines and promotes bone mineralisation. Essential for maintaining calcium homeostasis.



## Soya Isoflavones (60 mg)

Plant-derived phytoestrogens that mimic mild estrogen effects, reducing hot flashes, mood swings, and post-menopausal discomfort whilst protecting bone density.



**Synergistic Action:** The combination of calcium, calcitriol, and isoflavones provides comprehensive bone and hormonal support, addressing multiple aspects of post-menopausal health simultaneously.





# Clinical Indications

Calcirix-ISO Softgel is specifically recommended for comprehensive post-menopausal care:

## Post-Menopausal Bone Disorders

Osteoporosis & osteopenia prevention and management in post-menopausal women

## Nutritional Deficiencies

Calcium & Vitamin D deficiency states requiring therapeutic supplementation

## Menopausal Syndrome

Hot flashes, hormonal imbalance, and associated menopausal symptoms

## Hormone Replacement Support

Adjunct therapy in hormone replacement programmes for enhanced efficacy

## Fracture Risk Management

Elderly women with increased fracture risk requiring preventive intervention

## Musculoskeletal Weakness

Bone & joint weakness in middle-aged women experiencing hormonal changes



# Clinical Advantages



## Key Benefits of Calcirix-ISO:



### Dual Bone Protection

Calcium + Calcitriol combination provides comprehensive skeletal support



### Natural Hormonal Balance

Phytoestrogen (Isoflavone) supports natural hormonal equilibrium



### Fracture Risk Reduction

Significantly reduces risk of fractures & osteoporosis progression



### Natural Symptom Relief

Relieves menopausal symptoms naturally without synthetic hormones



### Safe Alternative

Well-tolerated alternative to HRT in mild to moderate cases

"Calcirix-ISO represents a paradigm shift in post-menopausal care, combining evidence-based nutrition with natural phytoestrogen support for optimal patient outcomes."



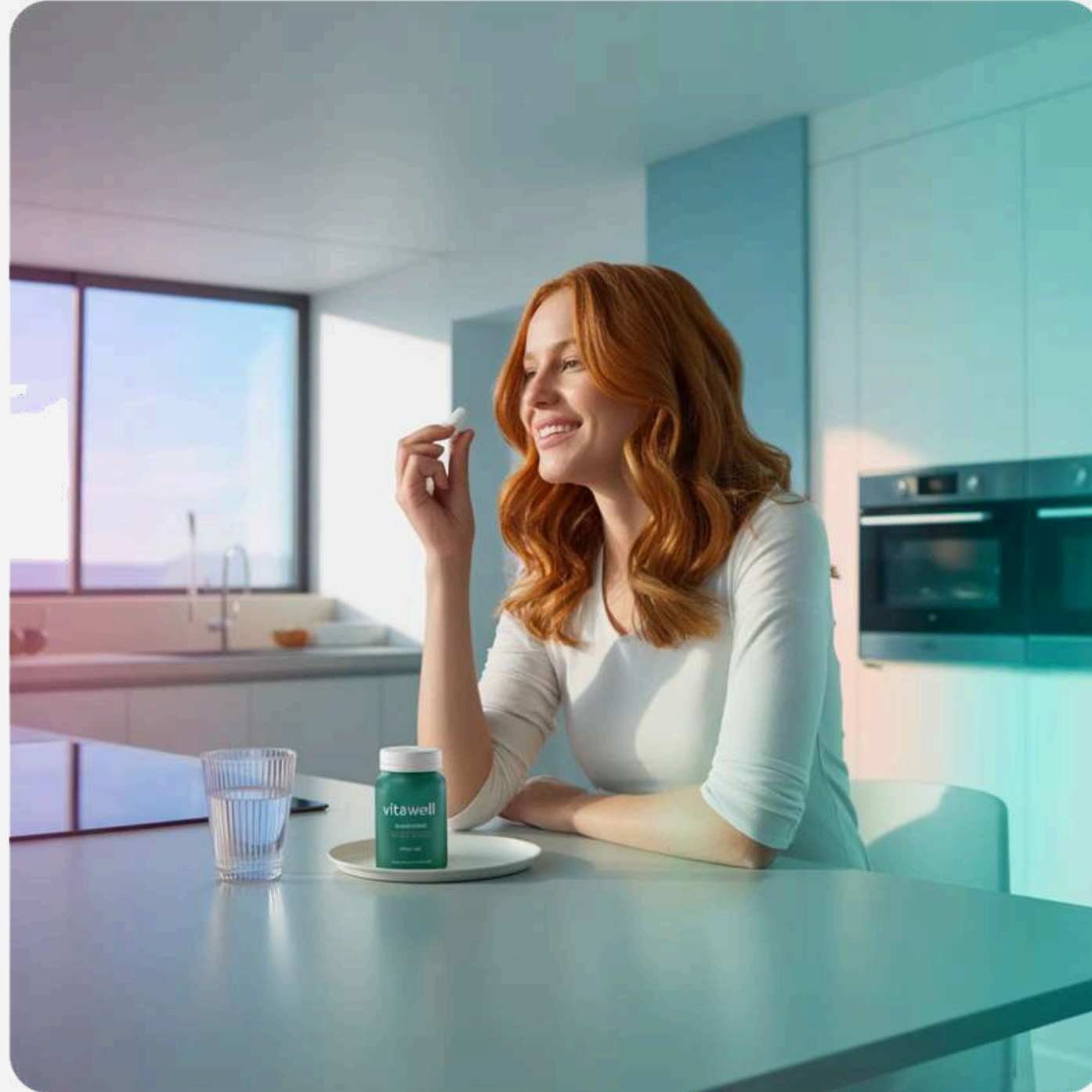
# Comparison with Other Bone Supplements

Parameter	Calcirix-ISO (Ca + D3 + Isoflavone)	Calcirix Coral (Ca + D3)	HRT (Hormone Therapy)
Bone Strength	✓ Strong (Ca + D3 + Isoflavone)	✓ Moderate	✓ Strong
Menopause Symptom Relief	✓ Isoflavones support	✗ No	✓ Yes
Safety Profile	✓ Safe, natural phytoestrogen	✓ Safe	⚠ Side effects risk
Long-Term Suitability	✓ Excellent	✓ Excellent	⚠ Limited

- ✓ **Clinical Advantage:** Calcirix-ISO uniquely combines bone protection with natural menopausal symptom relief, offering comprehensive care without the risks associated with synthetic hormone therapy.



# Dosage & Administration



## Important Administration Guidelines:

- **Dietary Support**

Ensure adequate calcium-rich diet and regular weight-bearing exercise to support therapy effectiveness

- **Timing Optimisation**

Take with food to enhance absorption and reduce potential gastric irritation

- **Supplement Coordination**

Avoid excess calcium intake from multiple supplements to prevent hypercalcemia

- **Consistency**

Maintain regular dosing schedule for optimal therapeutic benefit

1

### Standard Dosage

#### 1 Softgel daily after meals

Preferably with the main meal for optimal absorption

2

### Professional Guidance

#### Or as directed by the physician

Dosage may be adjusted based on individual patient needs



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# Safety & Tolerability

## Generally Well-Tolerated

Extensive clinical experience demonstrates excellent patient tolerance with minimal adverse effects

## Mild Side Effects

Occasional mild gastric irritation or constipation (rare occurrence, typically transient)

## Isoflavone Safety

Very mild hormonal effect from isoflavones  
- safe in most women without contraindications

## Contraindications:

### Calcium Disorders

Hypercalcemia or hypervitaminosis D - avoid use in patients with elevated calcium levels

### Renal Impairment

Severe renal impairment - requires careful monitoring and dose adjustment

### Soy Allergy

Known soy allergy - contraindicated due to isoflavone content derived from soya

⊗ **Clinical Monitoring:** Regular monitoring of serum calcium levels recommended during long-term therapy, particularly in patients with renal impairment or concurrent calcium supplementation.





# Why Prescribe Calcirix-ISO?

## Doctor's Choice For Comprehensive Post-Menopausal Care



### Targeted Dual Support

Provides both bone & hormonal support specifically designed for post-menopausal women's unique physiological needs



### Triple Action Formula

Combines Calcium + Active Vitamin D3 + Isoflavones in one convenient softgel for optimal patient compliance



### Safer Alternative

Provides safer option for mild menopausal symptom relief compared to synthetic hormone replacement therapy



### Fracture Prevention

Significantly reduces fracture risk whilst improving overall quality of life in post-menopausal women



### Trusted Quality

Backed by the trusted quality and clinical expertise of Human Orthocare pharmaceutical excellence

"Calcirix-ISO represents the gold standard in evidence-based post-menopausal care, delivering comprehensive therapeutic benefits with exceptional safety profile."





## Contact Us

Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

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**For medical queries or collaboration:**

 [www.humanorthocare.com](http://www.humanorthocare.com)